Dear Parents,

**School Hats:** Although we are approaching the winter months it is still important to protect our skin from the sun. Our rule of No Hat, No Play, applies all year round. Would you please ensure that students bring their hat to school each day so that they can wear it in the morning, at lunch, recess and whenever they are undertaking outdoor activities such as sport and fitness.

**Disco Day:** Thank you to everyone who supported the disco organised by Stage 3 as a fundraiser for the Year 6 farewell which will be held at the end of Term 4. The event raised $347.00. Later this term, Stage 3 will be running a special World Cup mufti day as another fund raiser.

**Stage 2 and Stage 3 Excursion:** Students in Stage 2 and Stage 3 attended Olympic Park last Friday and participated in Jamie Oliver’s Food Revolution Day. The event was a huge success and our students played a part in breaking the record for the largest cooking class for Guinness Book of Records.

**Walk Safely to School:** Tomorrow is Walk Safely to School Day. This is an annual, national event when all primary school students are encouraged to walk and commute safely to school. It’s a community event seeking to promote road safety, health, public transport and the environment. I encourage all of our families to take this opportunity to walk safely to school tomorrow. If the distance is too great, you could walk part of the way.

**Stage 1 Excursion:** Places for the Gruffalo performance on Thursday 12th June at Parramatta Riverside Theatre are filling quickly. Remember that tickets will be allocated on a ‘first come, first serve’ basis.

**Aunty Wendy Aboriginal Education Performance:** As part of NAIDOC week celebrations the school has secured a visit by Aunty Wendy. This performance is for children from Preschool to Year 2 and will be held in the school hall on Thursday 19th June. All costs associated with this performance will be funded by the school.

**Early Stage 1 and Preschool Excursion:** An excursion to the farm is being planned for Kindergarten and Preschool Koalas for Tuesday 24th June. Full details of this event will be sent home in a separate note.

*From the Principal’s desk….*

Linda Barry
Principal

School Suggestion Box

Our school now has a suggestion box in the library. The suggestion box can be used by students to contribute great ideas to improve our school. The student leadership team would love to hear students’ ideas!!

*Please note: This suggestion box is not to be filled with inappropriate letters or rubbish.*

Student Leaders
Granville Galaxy

Congratulations to the following students.

**Silver Award Winners**

Yasmin
Ali
Hooria
Zahra

Principal’s Awards will be presented at our next assembly.

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**P&C NEWS**

The P&C Annual General Meeting was held on May 8 and the following new committee was voted in.

President: Allison Harris
Vice President: Lamya Bates-Brownword & Najah Choghari
Secretary: Elizabeth Grey
Treasurer: Belinda Briffa
Uniform Shop Manager: Lamya Bates-Brownword.

Thank you to all those people who attended the AGM, our new committee are looking forward to a great year.

If the Uniform Shop is closed school hats are available from the office. More winter stock has been ordered and should arrive very soon.

Allison Harris
P&C President

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**Parent Workshops - Term 2 2014**

Welcome to the start of Term 2, 2014.

Our weekly parent workshops commence on Friday 2nd May and we invite all parents and carers to attend. Toddlers are welcome and morning tea will be provided.

This Term we have an exciting range of workshops for parents.

Below is an overview of the topics that will be covered this term.

**PARENT WORKSHOPS are on**

**Fridays 9-10am**

**in the Library**

<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
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<tbody>
<tr>
<td>23.5.14</td>
<td>Working Bee Workshop</td>
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<tr>
<td>30.05.14</td>
<td>P &amp; C workshop</td>
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<tr>
<td>6.6.14</td>
<td>Car Safety (Roads and Maritime)</td>
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<tr>
<td>13.6.14</td>
<td>Local Library Visit (Granville Public Library)</td>
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<td>20.6.14</td>
<td>Parent Excursion</td>
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<tr>
<td>27.6.14</td>
<td><strong>Evaluation and Celebration</strong></td>
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We look forward to building positive partnerships with parents at Granville Public School.
Parent Engagement Committee

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**STAGE 1 EXCURSION**

**THURSDAY 12 JUNE 2014**

Stage 1 students will be attending a performance of _The Gruffalo_ at Parramatta Riverside Theatre.

**COST: $22**

Please complete a permission slip and return it with the correct money in an envelope to the school Money Box by Friday 30 May 2014.

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**Places are still available for the**

**STAGE 3 THREE DAY EXCURSION TO MILSON ISLAND**

**SPORT AND RECREATION CAMP**

Wednesday 20 August to Friday 22 August

Approx.: $250.00 per student (depending on final numbers).

At the camp, students will participate in a variety of experiences such as orienteering, abseiling, flying fox, archery, fencing, bushwalking, low ropes, fishing and swimming.

Please note that numbers are limited to 60 students from Stage 3.
A deposit of $50.00 will reserve your place.
Please make payment by Friday May 23, 2014.
Jamie Oliver’s Food Revolution Day

Last Friday Stage 2 and Stage 3 went to celebrate Jamie Oliver’s Food Revolution Day at Sydney Olympic Park. We were attempting to break a Guinness World Record for the largest cooking lesson. We started the day early at 8:15 and left on the bus at about 8:30. After half an hour traveling east on the M4 we reached our destination - Olympic Park!

As we walked in the exhibition hall we were allowed to choose a banana or mandarin. Then we were sorted out into groups of 6 at a table. After Jamie Oliver’s instructional video, we got the ingredients ready and began to create the amazing rainbow salad wrap! First we washed our hands and put the gloves, aprons and hats on. Then we made the wraps step by step. We grated the veggies and picked the herbs (carrots, cabbage, beetroot, parsley and mint) and made the dressing with feta cheese, vinegar, English mustard and vegetable oil.

After that we mixed the veggies and the dressing together in a huge bowl. Then we simply wrapped the filling inside the wholemeal wrap. Finally it was time to enjoy the delicious rainbow salad wrap that we made by ourselves.

We were proudly supported by Woolworths, and broke the world record too! We all had a mouth-watering day and we even got to keep the apron, hat and recipe.

by Adam A, Elaf, Esther, Dominion Elsie and Princess 5/6M

“I used to hate beetroot but now I like it” Jayden Daily.

Rainbow salad wrap

Total time: 30 mins  Serves 6

2 small raw beetroot, different colours if possible (roughly 50g)
2 carrots
150g green cabbage
1 firm pear
1/4 bunch of fresh mint
1/2 bunch of fresh flat-leaf parsley
6 small wholesome tortilla wraps
50g feta cheese

for the dressing
5 tablespoons natural yoghurt
1 1/2 teaspoons English mustard
3 teaspoons cider vinegar
2 tablespoons extra virgin olive oil

1 Wash the beetroot and carrots under cold running water, scrubbing with a scrubber to get rid of any dirt (there’s no need to peel them).
2 Pick off and discard the wispy ends from the beetroot.
3 Hold a box grater steady on a chopping board, then grating board, then grating board onto the bowl. Stop peeling when the grater is clean.
4 Place the grated carrots into a large bowl.
5 Grate the cheese and add to the bowl.
6 Season to taste with salt and pepper.
7 Mix the dressing ingredients together.
8 Add the dressing to the bowl.
9 Toss the salad until well coated.
10 Serve cold.

Nutritional information per serve

Calories: 270
Fat: 10g
Carbohydrates: 30g
Protein: 8g

Join children around the world in making this recipe with Jamie on Thursday 22 May via foodrevolutionday.com

You could help to break the Guinness World Record of kids cooking together!
Will your name be in the draw for a NEW BIKE?

The names of all students, from Kindergarten to Year 6, who have paid the voluntary contribution for this year will be included in the draw.

If you have not paid the voluntary contribution there is still time to do so and be included in the draw.

The lucky draw will be in Week 6 on Tuesday 3 June at the school assembly.

Voluntary contributions are $40 for the first child and $20 for each additional child in the family.

Fruit Juice

Many people think fruit juice is a healthy option. While fruit juice contains some vitamins, they lack fibre, antioxidants and other nutrients found in fruit. Fruit juices are high in sugar and energy, often containing similar quantities of sugar found in soft drink. Drinking large amounts can lead to tooth decay and excess energy consumption. Here are some things to consider if choosing juice:

+ Limit fruit juices to no more than half a glass per day.
+ Too much juice can lead to diarrhoea.
+ Consider diluting juice 50:50 with water to reduce the number of kilojoules whilst still enjoying the taste of juice.
+ It is easy to drink too much juice. One popper of juice is equal in energy to two pieces of fruit.

Consider eating a piece of fruit instead. Whole pieces of fruit and veggies have higher levels of many vitamins, minerals, antioxidants and fibre, some of which are protective factors against some cancers and heart disease.